

Investing in Young People's Health

Esplanade Hotel, Fremantle, Perth, WA,
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E-Mental Health Full Day Workshop

CHAIR

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with

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Overview/introduction to e-mental health

What does the current and developing e-mental health field in Australia look like? This session will include a discussion of types/modes of service delivery, history, the evidence base, myths and commonly asked questions.

Social Media

How can social media be effectively incorporated in mental health promotion, prevention and treatment? This session will explore issues such as; duty of care, resourcing and organisational as well as some general skill building in the use of Facebook, Twitter, etc.

Existing Services Showcase

Who are some of the providers and how does the system fit together?

'Speed date' some of Australia's leading youth e-mental health service providers to get an interactive overview of their services.

Group Activity

How do I make it work for me?

A range of immersive, experiential activities will be offered to allow participants to explore the e-mental health system in more detail, such as using a case example to navigate the virtual e-mental health system, working through a technical development simulation, and discussing integration of technology in your local context.