



# Program

## WORKSHOP DAY: WEDNESDAY 13<sup>th</sup> NOVEMBER 2013

### PRE-CONFERENCE WORKSHOPS

ROOMS	<b>Carnac Room (Level 1)</b>	<b>Garden Room (Level 1)</b>	<b>Rottneest Room (Level 1)</b>
09.00	<p><b><u>Advocacy Workshop</u></b> (Half day workshop) <i>Meredith Turnbull &amp; Lachlan Cooke</i></p> <p>Do you want to change the world? Do you want to use your own experiences to bring about positive change? Do you want to learn how to have an impact on the issues you care most about?</p>	<p><b><u>E-Mental Health</u></b> (Full day workshop) <i>Carmen Garrett, Aram Hosie, Kerrie Buhagiar</i></p> <p>What does the current and developing e-mental health field in Australia look like?</p> <p>How can social media be effectively incorporated in mental health promotion, prevention and treatment?</p>	<p><b><u>Dance Moves for Medical Teams</u></b></p> <p>(Full day workshop) <i>Dr Deborah Christie</i></p> <p> THE UNIVERSITY OF WESTERN AUSTRALIA <i>Achieve International Excellence</i></p> <p>Motivating change and finding thoughtful solutions to working with young people living with chronic illness.</p>
13.30	<p><b><u>Research with Young People</u></b></p> <p> Telethon Institute for Child Health Research</p> <p>(Half day workshop) <i>Jonathan Carapetis, Cathy Vaughan, Glenn Pearson, George Patton, Peter Azzopardi</i></p> <p>Why research involving young people is important. What research methodologies are successful with young people. How to engage young people equitably in research</p>	<p>Who are some of the providers and how does the system fit together?</p> <p>How do I make the e-mental health system work for me?</p>	<p>Workshop participants will:</p> <ul style="list-style-type: none"> <li>• Discuss the pros and cons of adopting a motivational stance.</li> <li>• Consider why encouraging change talk might be a priority</li> <li>• Practise using adapted motivational interviewing in conjunction with brief therapy approaches so you can start dancing with confidence</li> </ul>
17.30 – 19.00	<p><b>Welcome drinks with a performance by Darren Guthrie</b> (<i>Esplanade Hotel Pool</i>)</p>		

## DAY ONE: THURSDAY 14<sup>th</sup> NOVEMBER 2013

7.30	Registration ( <i>Southern Cross Lobby - Esplanade Hotel, Fremantle</i> )				
8.15	<b>Official Welcome to the National Youth Health Conference 2013</b> <i>Orion &amp; Pleiades Room</i>	Welcome to Country (Ingrid Cumming) Short Film – Young People’s Views on Health Opening Address: His Excellency Malcolm McCusker, Governor of WA Opening Address: Emma Crane (UNICEF Australia Young Ambassador)			
9.00	<b>KEYNOTE SPEAKER</b> <i>Orion &amp; Pleiades Room</i>	<b>Adolescent health service systems for the future</b> Professor George Patton – University of Melbourne		 Department of Education	
9.45	<b>KEYNOTE SPEAKER</b> <i>Orion &amp; Pleiades Room</i>	<b>Youth health research – a wise investment?</b> Professor Jonathan Carapetis – Director, Telethon Institute for Child Health Research			
10.30	Morning Tea ( <i>Sirius Room</i> )				
	CONCURRENT SESSION ONE				
ROOMS	<b>Orion Room</b>	<b>Pleiades Room</b>	<b>Carnac Room (Level 1)</b>	<b>Garden Room (Level 1)</b>	<b>Rottneest Room (Level 1)</b>
Theme Chairs	<i>Youth Participation</i> Chairs: Jemma Anderson & Phillip Beckett	<i>Community &amp; Primary Care</i> Chairs: Melissa Kang & Annabelle Waller	<i>Eating Disorders &amp; Obesity</i> Chairs: Michelle Telfer & Lachlan Burr	<i>Health &amp; Education Working Together</i> Chairs: Adelaide Withers & Marc Zen	<i>Working with Young People with Chronic Illness</i> Chairs: Michelle Yeo & Jeremy Peris
11.00	Enhancing wellbeing through creativity and social connection; A young person’s perspective <u>Bridget Waters</u> and Youth Representative	“We keep it zipped” – Confidentiality, young people and the public health system <u>Wui-Ken Yap</u> , T Brown, N Chandler	An inpatient eating disorder program on a general adolescent ward: From aspiration to achievement and beyond <u>Desley Davies</u> , P Shannon, K Laczko, K Tobias	Whole service school model <u>Jane Cooper</u> , <u>Cathy McClure</u>	Menstrual management requests fro girls with physical and intellectual disabilities A McRae, <u>Irene Chuah</u> , K Steinbeck
11.15		Collaborative care in young people’s health: Central Coast Youth General Practice (GP) clinics <u>Graham Lane</u> , P Riviere, M Conroy		School based outreach program <u>Tahlia Jones</u>	Individual support for young people living with cancer <u>Pandora Patterson</u> , E Griffiths, F McDonald, P Orchard, J Conley
11.30	Ethical research with young people experiencing mental illness and social media: Perspectives from ex-consumers and professionals <u>Natalie Hendry</u>	Psychosocial risk assessment and counselling for young people attending primary health care: A cluster randomised trial (RCT) <u>Lena Sanci</u> , P Chondros, SM Sawyer, J Pikis, K Hegarty, A Shiell, E Ozer, F Yang, B Grabsch, H Cahill, E Patterson, AE Ambresin, GC Patton	An examination of the psychometric properties of the Compulsive Exercise Test in an adolescent eating disorder population <u>Pam Formby</u> , A Hilyard, H Watson, S Egan	Role of community health nurses in schools in WA <u>Sharon McBride</u> , <u>Alison Pash</u>	Doing it their way – the impact of an adolescent phenylketonuria (PKU) clinic <u>Charlotte Allen</u> , K Nield, K Harrigan, B Martino, G Knight, AC Martin, S Balasubramaniam

11.45	Engaging young people: Using participatory methodology to support vulnerable young people's wellbeing <u>Samantha Ewart</u>	Abuse and associated risk in young people presenting to Australian General Practice <u>Deepthi Iyer</u> , SD Kauer, P Chondros, K Hegarty, L Sanci	Peer Mentoring Program 'Reaching Out for Hope' <u>Julie Purcell</u> , <u>Jemma Caswell</u> , <u>Sue Lister</u> , <u>Kathy Logie</u> & <u>Stephanie Wade</u>	Young parenting... the virtual and the real experience <u>Christina Self</u> , N Robertson, V Barry, M Oliver	Family functioning as a protective factor in treating adolescents with complex medico-psychosocial presentations <u>Ronalda Hoffman</u> , H Bibby, D Bennett, E Klineberg, A Rushworth, S Towns
12.00	Youth participation and education model <u>Kristian Reyes</u>	Marginal health promotion for marginalised youth: Opportunities for improvement in out-of-school settings <u>Sarah Youngson</u>	EDTEC – Eating disorders are everyone's business <u>Uli O'Sullivan</u> , J McCormack, H Watson	Adolescent delinquent behaviour in Western Australia: Are ADHD children at greater risk? <u>Desiree Silva</u> , L Colvin, R Glauert, C Bower	"Prehab": A multi-disciplinary approach for adolescent patients with chronic conditions affecting physical, emotional, educational and social functioning <u>Zamia Pedro</u> , S Hawkrigg, R Collins, K Riches, J Clarke, D Payne, A Kennedy
12.15	Out from behind the bike shed: Engaging young people as leaders in sexual health through peer education initiatives <u>Myra Robinson</u>	Deepening the dialogue with young mothers: What do they really need in a community service? <u>Gabrielle Brand</u> , Be Westbrook	A pilot study investigating the relationship between psychological functioning and BMI change in obese adolescents participating in a lifestyle change program <u>Justine Doust</u> , LP Russell, J Norfolk, JA Curran, LM Bell, L Price, A Allen, D Messina, A Tremayne, S Johnson, EA Davis	Suicide postvention support in secondary schools <u>Lisa Kelly</u>	Parent involvement in chronic pain rehabilitation: Observations from a chronic pain intervention group <u>Joanna Elliott</u> , HW van Hall
12.30	Lunch Break ( <i>Sirius Room</i> )				
13.30	SYMPOSIA & WORKSHOPS SESSION ONE				
ROOMS	<b>Orion Room</b>	<b>Pleiades Room</b>	<b>Rottnest &amp; Garden Room (Level 1)</b>		
Theme	<i>Substance Use Workshop</i>	<i>Gender Diversity Symposium</i>	<i>Adolescent &amp; Young Adult Medicine Symposium</i>		
Info	Chair: Bessy Lampropoulos	Chair: Andrew Kennedy	Chair: Donald Payne		
	Making the most of every opportunity. Alcohol, drugs and young people <u>Emily Klineberg</u> , B Milne, Matthew Coleman	This session will be a 'ask anything' Q&A session which will provide attendees with the opportunity to discuss approaches to understanding and working with gender diverse young people and their families.	Adolescent and Young Adult Medicine (AYAM) – making the case for a speciality of AYAM <u>Kate Steinbeck</u>		
	Adolescent cannabis check-up <u>Etty Matalon</u>	Research findings & development of a comprehensive multidisciplinary clinical service for children and adolescents with Gender Dysphoria. <u>Dr. Jacqueline Hewitt</u> & <u>Michelle Telfer</u>	CanTeen and AYA oncology – a national perspective <u>Peter Orchard</u>		
		Mental health aspects of care <u>Vanessa Watson</u>	The WA Youth Cancer Service <u>Marianne Phillips</u>		
		The lived experience by <u>Debbie (a parent)</u> & <u>Aram Hosie</u>	Making AYAM a reality <u>Susan Sawyer</u>		
		Panel discussion			
15.00	Afternoon Tea & Poster Session 1 ( <i>Sirius Room</i> )				

CONCURRENT SESSION TWO					
ROOMS	<b>Orion Room</b>	<b>Pleiades Room</b>	<b>Carnac Room (Level 1)</b>	<b>Garden Room (Level 1)</b>	<b>Rottnest Room (Level 1)</b>
Theme Chairs	<b>Sexual Health</b>  Chairs: Lewis Marshall & Nicole Mumford	<b>Mental Health</b> Chairs: Warwick Smith & Antonia Bordoni	<b>Indigenous Youth Health</b> Chair: Andrew Kennedy & Tiffany Ugle	<b>Opportunistic Health Screening</b> Chairs: Sharon Hawkrigg & Nicole Toia	<b>Support programs for Young People with Chronic Illness</b> Chairs: Kylie Johnson & Jeremy Peris
15.30	Age at menarche and first sexual intercourse: A prospective cohort study S Rachel Skinner, J Marino, D Doherty, J Cannon, S Rosenthal, S Cooper, M Hickey	Young minds matter: The second Australian child and adolescent survey of mental health and wellbeing Jennifer Hafekost, D Lawrence, K Boterhoven de Haan, S. Johnson, S. Zubrick	Investing in the health and wellbeing of Australian Indigenous young people Ngiare Brown, Peter Azzopardi	Psychosocial assessment of youth aged 12-24 at NSLHD Kate Tolley	Towards health and wellbeing; Engagement in the "Youth Arts" program in a hospital setting Helen Zigmond, N Anderson, E Franke
15.45	Asymptomatic Mycoplasma genitalium infection amongst marginalised young people accessing a youth health service in Melbourne Dorothy Henning, D Eade, A Langstone, A Bean-Hodges, A Marceglia, P Azzopardi	Occupational therapy in community Child and Adolescent Mental Health Service (CAMHS) Paula Anderson, R Batten, J Richmond, R Marquis		Standardised analysis of psychosocial and disease-specific risk factors of patients attending the clinic for adolescents with Type 1 Diabetes at Princess Margaret Hospital Kirsty Brown-Cooper, Aris Siafarikas, K McNamara, M Lewis, J Norfolk, J Delaney	Enhancing adolescents' experience of being in hospital through facilitated arts and recreational activities Felicity McMahon, Rosa Gangari, R Hampson, E Kelly-Dalgety
16.00	Young people's attitudes to chlamydia testing: A unique national sample Melissa Kang, A Rochford, SR Skinner, A Mindel, M Webb, J Peat, T Usherwood	Using tablet based consumer feedback to enhance youth mental health outcomes Craig Nicholls	The Principle of ACE Tim Turner, Relma Bule-Turner	Routine adolescent health screening of young people seen in the Child Protection Unit Sharon Hawkrigg, L Smith, A Johnson, D Payne, A Kennedy	"You're not alone": Social connectedness in a hospital based chronic illness peer support program Peter Lewis, E Klineberg, S Towns, K Moore, K Steinbeck
16.15	Providing sexual and reproductive health information to adolescents in Bangladesh: A challenge? Quamrun Nahar, S Yunus, NL Huq, F Haseen, S Sharmin, M Islam	The adolescent physician and youth mental health: where are the boundaries? Donald Payne, Sharon Hawkrigg	Trapeze: An illustrative case study L Abdy, Jane Ho, J Foster, G Villanueva, J Ballentine	The ARCHER study: People, places and potholes. The adolescent likes and dislikes about living in the country Karen Paxton, C Hawke, M Rawsthorne, E Klineberg, G Luscombe, K Steinbeck	Online moderation: Connecting, supporting and empowering young people from behind the screen Kylie Johnson, Felicity McMahon, A Third, E Kelly-Dalgety
16.45 – 17.15	<b>Young People's Performance &amp; Close of Day 1</b> <i>Orion &amp; Pleiades Room</i>				
18.30	<b>Pre-dinner drinks &amp; Prison Tours (Fremantle Prison)</b>				
19.30 – 24.00	<b>Conference Dinner featuring Narelda Jacobs &amp; Jordan Fogarty (Fremantle Prison)</b>				



## DAY TWO: FRIDAY 15<sup>th</sup> NOVEMBER 2013

7.30	Registration ( <i>Esplanade Hotel, Fremantle</i> )				
8.15	<b>Welcome to Day 2 of National Youth Health Conference 2013</b> <i>Orion &amp; Pleiades Room</i>	Young People's Performance Opening Address: Hon. Tony Simpson MLA, WA Minister for Youth Opening Address: Michelle Scott, WA Commissioner for Children & Young People			
9.00	<b>KEYNOTE SPEAKER</b> <i>Orion &amp; Pleiades Room</i>	<b>Mind The Gap! Can policy ever be put into practice?</b> Dr Deborah Christie – University College London Hospital			THE UNIVERSITY OF WESTERN AUSTRALIA <i>Achieve International Excellence</i>
9.45	<b>KEYNOTE SPEAKER</b> <i>Orion &amp; Pleiades Room</i>	<b>10 years of youth health &amp; wellbeing surveys in New Zealand – what have we learnt?</b> Dr Simon Denny – University of Auckland			
10.30	Morning Tea Break & Poster Session 2 ( <i>Southern Cross Lobby</i> )				
	<b>CONCURRENT SESSION THREE</b>				
ROOMS	<b>Orion Room</b>	<b>Pleiades Room</b>	<b>Carnac Room (Level 1)</b>	<b>Garden Room (Level 1)</b>	<b>Rottneest Room (Level 1)</b>
Theme Chairs	<i>Diverse Sexuality, Sex and Gender</i> Chairs: Vanessa Watson & Phillip Beckett	<i>E-Health</i> Chairs: David Perez & Lauren Cooper	<i>Substance Use</i> Chairs: Veronika Kretzer & Yolexis Hernandez	<i>Transition to Adult Health Care Workshop</i> Chairs: Kate Steinbeck & Annabelle Waller	<i>International &amp; Refugee Health</i> Chairs: Peter Azzopardi & Marc Zen
11.00	Safer schools program <u>Helen Robinson</u>	Using technologies to promote young people's wellbeing: A better practice guide for services F Robards, <u>Michelle Blanchard</u>	Clear your vision <u>Anna Michalopoulos</u> , J Howard	Transition, rare diseases and social media <u>Yvonne Zurynski</u> , K Steinbeck, L Brodie, M Deverell, J Ballentine, J Foster, <u>Jane Ho</u> , G Villanueva, L Abdy	The role of the Family Practitioner in caring for youth with chronic health conditions prior to transition to adult health services in British Columbia, Canada <u>Sandy Whitehouse</u> , A Han, D Evans, E McFee
11.15	An exploration of an Adolescent Same Sex Attracted Gender Questioning (SSAGQ) Health and Wellbeing Program in a school setting <u>Emily Jacker</u> , G Lamaro, S Goldingay	A new skin, SEO and social media: Innovative ways to promote health education websites B Sullivan, <u>Kathryn Kerry</u> , DB Mak	Does a positive school-climate buffer the effect of low parental support? School climate and alcohol use among adolescents <u>Pernille Bendtsen</u> , MT Damsgaard, S Denny, B Holstein		Young people of refugee background: An innovative, nurse-led, school-based screening program to improve health and education outcomes <u>Melissa Kang</u> , L Woodland, K Zwi, M Smith
11.30	Doing LGBTIQ inclusivity in mental health services <u>Regan Smith</u>	Service surfing with technology <u>Cindi Petersen</u> , E Murray	Binge drinking trajectories across adolescence: For early maturing youth, extra-curricular activities are protective <u>Kathryn Modecki</u> , BL Barber		Early and forced marriage: the commodity of girls A Koirala, D Rutherford, R Cresp, S Cherian, <u>Raewyn Mutch</u>
11.45	Urgent action needed to address smoking, drug use, sexual and mental health among young lesbian and bisexual women – data from Sydney and Perth <u>Julie Mooney-Somers</u> , R Deacon, J Comfort	YouthSource – Using social media to improve youth access and equity in service delivery <u>Victoria Durand</u> , <u>Rachel Bienenstock</u> , L Caillat	The Smart Generation trial: Using the Communities That Care approach to reduce risk factors related to adolescent alcohol use <u>Deborah Wagner</u> , R Smith, J Toubmourou, GC Patton		The adolescent psychiatrist in the detention facility: The advantages amongst the adversities <u>Ann McDonald</u>

12.00	Gender-based violence against non-heterosexual male adolescents in Bangkok: A qualitative study <u>Sakol Sopitarchasak</u> , R Samakkeekarom, T Techasrivichien, S Pilar Suguimoto, K Tharawan, M Kihara, M Ono-Kihara	An e-Mental Health service for adolescents and young adults impacted by cancer <u>Pandora Patterson</u> , J Conley, J Friedsam, P Orchard	Building capacity to address cannabis use related issues among young people in rural and remote Australia <u>John Howard</u> , F Bell, L Buckley, J Frendin	Developing adolescent health services in Papua New Guinea <u>Edward Waramin</u>
12.15	Gender and generational differences in sexual attitudes of Japanese people: Results of an online survey <u>S. Pilar Suguimoto</u> , S Sopitarchasak, M Kihara, M Ono-Kihara	Large and forgotten: Assessment, attitudes and possible approaches to overweight/obesity in young adult males in rural New South Wales, Australia <u>Kumara Mendis</u> , T Forster, K Paxton, K Hyland, J Yelverton, R McLean, J Canalese, A Brown, K Steinbeck	Effect of alcohol and illicit drug use on adolescents admitted to a level 1 trauma centre: A 5 year review of falls from a height <u>James Hodgkinson</u>	“You feel you’re not like everybody else”: The impact of female circumcision on the physical and mental health of refugee and immigrant young women and girls <u>Cathy Vaughan</u> , N White, L Keogh, C Bayly, J Tobin, B Ha
12.30	Lunch Break ( <i>Sirius Room</i> ) and Australian Association for Adolescent Health Annual General Meeting (Carnac Room)			
13.30	SYMPOSIA & WORKSHOPS SESSION TWO			
ROOMS	<b>Orion Room</b>		<b>Pleiades Room</b>	
Theme	<i>Youth Justice Symposium</i>		<i>Mental Health Symposium &amp; Workshop</i>	
Info	Chair: Simon Clarke Speakers: Hon. Chief Justice Wayne Martin, Judge Denis Reynolds  The Hon.Chief Justice of WA Wayne Martin AC will discuss historical issues in the justice system including rates of incarceration over time. Judge Denis Reynolds, President of the Children’s Court of WA, will highlight the lack of available information on the health status & needs of young defendants to the court system. Senior clinical staff from a youth detention centre will describe service provision and challenges faced. The session will end with brief overview of how things may be improved and a panel discussion.  Speakers: Hon. Chief Justice Wayne Martin, Judge Denis Reynolds, Susan Bainbridge		Chair: David Bennett  Looking back – looking forward: The development of specialist youth mental health services in Western Australia <u>Denise Follett</u> , <u>Anthony Collier</u>  The headspace story - next generation health and mental health care for young people <u>Chris Tanti</u>  Achieving good outcome in therapeutic interventions for young people with disorders of personality. Phenomenological evidence supporting empirical evidence <u>Denise Follett</u> , <u>Jennifer Griffiths</u>	
			<i>Health &amp; Education Workshop</i> Chair: Donald Payne  Investing in young people’s health through education <u>Caleb Jones</u> , <u>Julie Clarke</u>  Ensuring continuity of education for chronically ill children and adolescents <u>Tracey Webster</u>	
15.00	Afternoon Tea ( <i>Sirius Room</i> )			
15.30 – 16.30	<b>Day 2 Closing Address</b> <i>Orion &amp; Pleiades Room</i>	Youth Performance Finale Conference wrap up featuring short film of conference Closing address: Helen Pepper, Youth Ambassador		